## **Press Release**

For immediate release: March 30<sup>th</sup> 2017

## The 5 Choices to Extraordinary Productivity

Help your organization to get on the path of "Extraordinary Productivity"

Every day brings a crushing wave of demands: a barrage of texts, emails, interruptions, meetings, phone calls, tweets, and blogs—not to mention the high-pressure demands of our jobs—which can be overwhelming and exhausting. The sheer number of distractions can threaten your ability to think clearly, make good decisions, and accomplish what matters most, leaving you worn out and unfulfilled.

FranklinCovey's *The 5 Choices to Extraordinary Productivity*, combines timeless principles with current neuroscience research to help better manage decisions, attention and energy to consistently make choices that give the greatest return on time.

Participants make more selective, high impact choices about where to invest their valuable time, attention, and energy.

The 5 Choices to Extraordinary Productivity® process measurably increases productivity of individuals, teams, and organizations.

In October 2015 the FranklinCovey East Caribbean Franchise was acquired by Thecla Deterville, Managing Director of Celestial Self Development Centre (CDSC). The 5 Choices to Extraordinary Productivity has been our leading productivity training solution to organizations in Saint Lucia. For the second time in Saint Lucia Celestial SDC will be offering this 2-day work session to the public.

We have been pleased to facilitate the 5 Choices work session for executive and management teams of Financial, Health and Hospitality Sectors in Saint Lucia. This is what some of the participants had to say:

"The session was insightful and equipped us with tools to improve on productivity going forward" - L.S. Financial Sector

"The 2 days spent in the workshop was well valuable. Looking forward to the application to every day duties, capturing the gold daily will add to the quality of my life" – C.K. Hospitality Sector

"The training was very helpful and informative. I know that through this training I will be more effective at work and hopefully share what I have learnt with my other team members" – I.L Health Sector.

No matter where you work, productivity applies to you. Come turn ordinary into extraordinary, by joining us on April 25th and 26th 2017 at the Bay Gardens Hotel for The 5 Choices to Extraordinary Productivity Work-shop.

Please contact Celestial SDC at 453-1924 / celestial@candw.lc for more information.